

Tempura Barramundi



Packed: 4.35kg (30/ctn)
Size: 145g
Code: TEMP15
Outer Barcode: 9317562000941

Cooking Type:



Description

- Salt water Barramundi fillet coated with A&T's tempura batter.
- "Australia's favourite fish". Our product is sure to be a top selling item on your menu.
- Cook from frozen.
- Portion control for convenience

Nutritional Information

Servings per package: 30

Serving size: 145gm (1 piece)

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1722kj (412Cal)	1187kj (284Cal)
Protein	17.8g	12.3g
Fat, total	25.8g	17.8g
– saturated	3.9g	2.7g
Carbohydrate	27g	18.6g
– sugars	0.8g	0.5g
Sodium	261mg	180mg

Cooking

- Deep fry from frozen at 180°C for approximately 5–6 minutes.

Ingredients

Barramundi (**fish**) (50%), **wheat** flour, **soybean** oil, corn flour, water, modified tapioca starch (E1420), salt, dextrose monohydrate, yeast extract, starch (corn), raising agent (E341i, E450i, E500ii), **soy** powder, calcium carbonate (E170), spice extract (celery), spices powder (onion, garlic), thickener (E415, E412), tapioca starch, food colour (E101i)

Allergen Advice

Contains: Fish, Wheat, Gluten, Soybean.

May be present: Crustacean, mollusc, egg, sesame & sulphites.